

# You Can Have It!

by Devin Alexander

AN INDULGENT COMFORT FOOD COOKBOOK FROM *THE NEW YORK TIMES*  
BESTSELLING AUTHOR OF *THE BIGGEST LOSER COOKBOOK SERIES*

PARMESAN  
GARLIC SQUASH  
"FRIES"



"There's no better way to improve your health than eating delicious healthy food. Devin has created a true masterpiece of spectacular recipes to help you transform your health and your life."

— Michael Dansinger, MD, Medical Director, Diabetes Reversal Program, Tufts Medical Center, Boston Medical Director, Boston Heart Lifestyle Program



Item # 6321-01

Free  
Recipe!

Healthy eating has never tasted so good!  
Download your **FREE** Parmesan Garlic  
Squash "Fries" recipe at

[shopdiabetes.org/ParmesanFriesDF](http://shopdiabetes.org/ParmesanFriesDF)

 American  
Diabetes  
Association.